

Youth Ambassadors

Youth Encouraging Alaskan's Health (YEAH) Program

YEAH Youth Ambassadors are a group of 15-20 young people from across Alaska (ages 13-18) who are passionate about learning new skills and supporting other youth to live healthy lives, free from tobacco and harmful substances. Youth Ambassadors do this by:

- Serving as role models and providing support to other youth;
- Creating positive activities for other youth to participate in (with support from a local adult); and
- Representing their community in statewide opportunities that support youth well-being.

Why Should I Become a YEAH Youth Ambassador?

The YEAH program offers a wide range of opportunities to benefit you personally, in school and in future careers.

- Learn new leadership skills, such as organizing activities and public speaking.
- Make new friends with other Youth Ambassadors from across the state.
- Get help with your career goals through individual support and resources.
- Use your voice to influence local and statewide decisions that impact youth.
- Help organize the YEAH Youth Summit and travel to Anchorage for it.
- A chance to travel to a conference in the Lower 48, all expenses paid.
- ***Earn a monthly payment of \$100 each month for participating in a teleconference and other activities, plus an additional \$200 for supporting the YEAH Youth Summit.***

What Do YEAH Youth Ambassadors Do?

Youth Ambassadors spend a few hours a week participating in YEAH (flexible according to personal schedules). They receive monthly training and individual support to learn new skills. Youth Ambassadors are matched with one of RurAL CAP's Youth Activity Coordinators or another community adult to create fun activities that support local youth. They may also use their voice to shape decisions that affect youth statewide.

[Participate in Training](#)

- Participate in monthly Zoom calls with other Youth Ambassadors.
- Team with a local adult mentorship and organize activities.
- Receive regular support and coaching from a RurAL CAP lead.
- Training includes leadership and communication skills, peer support, using media, videos and digital stories to promote positive youth messages, event planning and coordination, and career development.

Support Community Youth

Examples of Activities or Create your Own!

- Be a role model for healthy lifestyles among youth in the community.
- Team with a local, adult leader to host afterschool activities such as crafts, cultural events, subsistence activities, traditional dancing, games, etc.
- Organize youth-led projects that serve community needs.
- Make videos or digital stories with positive messages for youth.
- Present information on youth wellness at school assemblies or health fairs.

Use Your Voice on a Statewide Level

- Share your ideas with policy makers on decisions that affect the health of youth.
- Represent youth interests at statewide health and environmental conferences.
- Participate in media campaigns and other forums promoting youth.
- Produce videos or make PowerPoint presentations sharing important youth messages.

Plan and Participate in the YEAH Youth Summit

- The YEAH Youth Summit in Anchorage is an annual gathering of youth from across the state to support positive youth development. YEAH Youth Ambassadors are the voice of the summit and help to organize it. It's all about what's important to youth!

Interested?

Apply to become a YEAH Youth Ambassador at the link below:

<https://tinyurl.com/mu8c7bfk>

Priority deadline 9/15/25 or open until filled.